## Reception 2021 -22 Curriculum overview prime areas

At Rice Lane Primary school and Nursery, we strongly believe that a child learns best through play and exploration. During play children build important life skills such as independence, builds concentration, solve problems, develops creativity and builds friendships. Our environment is set up to develop purposeful and fun play activities. Below are key aspects of development which are encouraged through play.

## Personal, Social and Emotional Development

See themselves as a valuable individual.

Build constructive and respectful relationships.

Express their feelings and consider the feelings of others..

Show resilience and perseverance in the face of challenge.

Identify and moderate their own feelings socially and emotionally.

Think about the perspectives of others.

Manage their own needs and personal hygiene.

Know and talk about the different factors that support their overall health and wellbeing.

- Regular physical activity.
- Healthy eating.
- Toothbrushing.
- Sensible amounts of 'screen time'.
- Having a good sleep routine.
- Being a safe pedestrian.

## **Communication and Language**

Understand how to listen carefully and why listening is important.

Learn new vocabulary and use it throughout the day in different contexts.

Ask questions to find out more and to check they understand what has been said to them.

Articulate their ideas and thoughts in well-formed sentences.

Connect one idea or action to another using a range of connectives.

Describe events in some detail.

Use talk to help work out problems and organise thinking and activities, and to explain how things work and why they might happen.

Develop social phrases.

Engage in storytimes and retell the stories.

Listen and talk about stories to build familiarity and understanding.

Engage in non-fiction books and talk about them to develop a new knowledge and vocabulary.

## **Physical Development**

Revise and refine the fundamental movement skills they have already acquired in rolling, crawling, walking, jumping, running, hopping, skipping and climbing.

Progress towards a more fluent style of moving, with developing control and grace.

Develop their small motor skills so that they can use a range of tools competently, safely and confidently.

Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor.

Combine different movements with ease and fluency.

Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.

Develop overall body-strength, balance, coordination and agility.

Further develop and refine a range of ball skills including throwing, catching, kicking, passing, batting and aiming.

Develop the foundations of a handwriting style which is fast, accurate and efficient.